

The *Evolved* Traveler

Inspired travel for inspiring lives.

Highlights of Peru: Lima & Machu Picchu



IN SUPPORT OF:

 **NothingButNets.net**

 UNITED NATIONS
FOUNDATION

About The Evolved Traveler

❧ MISSION STATEMENT ❧

We are The Evolved Traveler, an international travel brand that promotes an increased sense of responsible travel, global community, and humanity. We custom-tailor personalized, luxury journeys which promote philanthropic endeavors that allow our discerning guests to experience their dreams while helping other members of our global family realize theirs. We provide exceptional journeys so our evolved travelers can help change the world as it expands their own.

❧ PHILOSOPHY ❧

The Evolved Traveler wishes to change the world for the better one journey at a time. We believe we don't have to give anything up to live our dreams; we only have to give back.

❧ WHAT IS "EVOLVED" AT THE EVOLVED TRAVELER (HOW WE GIVE) ❧

On every trip, guests will have the opportunity to donate a few hours to philanthropic causes that The Evolved Traveler will support in each country. This might be a school where guests provide needed school supplies and interact with the students or a women's organization that supports cultural heritage.

Two core values of The Evolved Traveler are philanthropy and charity through the travel experiences we provide. We believe this requires us to actively participate in this process as an organization. We will accomplish this by donating a total of up to 5% of gross revenue on every trip booked in the following way:

1. We will donate "1% for the Planet" as part of a global movement of companies that donate at least 1% of their annual net revenues to environmental organizations worldwide.
2. We will work with Carbonfund.org to offset the carbon footprint for every trip.
3. We will donate 3% to the charity of the guest's choice such as the National Military Family Association, 4 Paws for Ability and, Music Unites, or more internationally focused charities such as Nothing but Nets, an organization that provides bed netting where Malaria is prevalent, and Water.org which provides access to it for villages/towns/regions that don't have it. There will be 10-12 charities to choose from and the donation will come from The Evolved Traveler's revenue, made on behalf of the guests with no direct donation required of them.

❧ SUSTAINABILITY ❧

We believe that Sustainable Tourism is crucial to the future of our business and our planet. Our philosophy is simple: when we treat the environment as an integral part of our daily lives and not just an afterthought, we ensure the health of the planet and the well-being of future generations. There is no "one size fits all" solution for the number of issues that ail our planet, our environment, and even the multitude of cultures among us. Recognizing that, we have resourced the sustainability guidelines set forth by several organizations we consider to be at the forefront of this effort: The Global Sustainable Tourism Council (GSTC), Sustainable Tourism International and UNESCO. The guidelines adopted by The Evolved Traveler for sustainable tourism focus on three primary areas:

- Maximize social and economic benefits for the local community
- Enhance cultural heritage
- Reduce negative impacts to the environment

Together, we *will* make a lasting positive change on people and the planet

Journey Details

❧ DAY 1 — ARRIVE IN LIMA, PERU ❧

Welcome to Peru!

You will be met upon arrival and have a private transfer to the 5-star Westin Lima.

Meals: None included today

Hotel: Westin Lima

Room: 1 Grand Deluxe Room

❧ DAY 2 — LIMA ❧

The morning is at leisure to catch up from your international travel and late night.

After lunch, you will depart at 2:00 PM for a tour of Colonial Lima, the historic center of the city and a UNESCO World Heritage Site. Your first top stop will be the Plaza de Armas (Main Square). There, you will explore the square by foot and admire the exteriors of the Government Palace, the Cathedral of Lima, and the City Hall, all examples of Lima's still-present colonial and opulent architectural. You will briefly visit the Cathedral and then La Casa Aliaga, a colonial mansion that currently holds the distinction of being the oldest continuously-inhabited private residence in the Southern Hemisphere. Descendants of the same family have lived in the mansion since the 15th century! Next, you will make your way to the Santo Domingo Convent, a religious and architectural gem that houses paintings, images, and relics of Peruvian saints, as well as written accounts of the endeavors of the Dominican Order across the country.



Finally, you will spend time at the San Francisco Monastery and catacombs. Taking 101 years to build (1673 – 1774), the church and monastery are a perfect example of Spanish Baroque architecture. The convent's library is world-renowned possessing about 25,000 antique texts, some of them predating the conquest. One notable book is the first Spanish dictionary published by the Royal Spanish Academy. Discovered in 1943, the catacombs contain thousands of skulls and bones. Having served as a burial-place until 1808, when the city cemetery was opened outside Lima, it is estimated that 25,000 bodies were buried here.

Return to the hotel this evening around 6:00 PM and enjoy the evening at leisure.

Meals: Breakfast

Hotel: Westin Lima

✧ DAY 3 — LIMA & CUSCO ✧

After breakfast at the hotel, transfer to the Lima airport for your short flight to Cusco. On arrival at Cusco airport, you will be met by a Coltur representative and taken to your hotel. Have some time to freshen up before departing for lunch at 12:30 PM at Incanto Cafe.

Your afternoon tour will begin following lunch and includes visits to the San Blas neighborhood of Cusco and Qaytu Kausay. San Blas is a popular sector known as the Artisans' Quarter, with steep streets, old Incan buildings, and Spanish mansions. Just a few blocks away, you will discover one of the most impressive buildings of Incan Cusco, the Koricancha (the Golden Temple)—a temple, dedicated to the worship of the Sun God, whose interior walls were said to have been covered in gold.



This afternoon is your “Evolved Experience,” when you visit Qaytu Kausay, an association of female weavers from the Parobamba-Paucartambo community founded in 1995, a time when the knowledge of textile art of the Peruvian pre-Columbian cultures that resided in this region of the Andes was in the hands of just a few, and



was therefore on the brink of becoming a lost art. Qaytu Kausay now fosters cultural exchange by allowing domestic and foreign guests to be part of the experience which includes: identifying the camelids, dyeing, weaving, and interpreting ancient iconography. This is done with the intent of encouraging and promoting their trade and preserving ancient traditions, as well as conveying this knowledge to future generations, creating opportunities for their own social and economic development.

Return to the hotel late this afternoon and have the evening at leisure.

Meals: Breakfast, lunch

Hotel: Palacio Manco Capac

Room: Balcony Suite

✧ DAY 4 — CUSCO & THE SACRED VALLEY ✧

Today is a full day tour to the Sacred Valley and includes visits to the Pisac market, Ollantaytambo town and fortress, and a local “chicheria.”

Begin the day with a visit to Pisac, a beautiful place where Incan and Colonial influences have reached a perfect balance and created a unique way of life for the local inhabitants. You will get a chance to explore this quaint town famous for its artisan markets where you can find everything from extraordinary jewelry and ceramics to textile craftwork and local produce.

Lunch today will be a special treat unto itself when you visit Hacienda Huayoccari. While a large part of the Hacienda's valuable cultural legacy is to be found at museums in Cusco, the mansion today houses a vast collection of folk art with pieces dating back to the 17th century. Colonial paintings, ceremonial goblets, known as keros, pottery, porcelain, and Huamanga stone relics are just part of what you will discover during your visit. A blend of Spanish traditions and local customs inherited since the dawn of time, this plantation manor is a perfect spot to sample life in the country, learn about typical locally harvested products and admire the colorful flora. Your visit culminates with a superb meal prepared with fresh produce from the plantation. The current inhabitants of the hacienda, the Lambarri-Orihuela family, will be your hosts.



In the afternoon, you will visit one of the last remaining Incan towns, Ollantaytambo, which was once fiercely guarded by a massive fortress. Discover the large archeological complex of what used to serve as a wayside inn for royal delegations on long journeys. Surviving structures here include multiple walls and towers that were used to protect the citadel from possible invasions.

End the day with a chance to mingle with the locals at a typical Peruvian Andes establishment known as a "chichería." These small businesses deal in the brewing and sale of chicha, the famous traditional Andean drink made of germinated corn.

Return to the hotel late this afternoon and have the evening at leisure.

Meals: Breakfast, lunch

Hotel: Palacio Manco Capac

❧ DAY 5 — CUSCO & MACHU PICCHU ❧

You will depart this morning for the Rio Sagrada Train Station. Your journey today will be on the Hiram Bingham train to Machu Picchu departing at 9:40 AM.



The trip takes approximately three hours, during which the Hiram Bingham train will transport you through the lush landscapes of the Cusco highlands, gradually descending to the subtropical jungle where the Machu Picchu citadel is located. This impressive train is elegantly appointed and features large windows to take in the stunning scenery. You'll enjoy gourmet Peruvian cuisine with brunch being served during your journey.

Upon your arrival at Aguas Calientes (train station for Macchu Picchu), a representative from your Inkaterra Machu Picchu Pueblo Hotel will meet you to collect your bags and bring them to the hotel.

Boarding the small mini-coaches for the short ride, you are now on your way to Machu Picchu! Machu Picchu, which means “Old Mountain” is a World Cultural Heritage Site listed by UNESCO and one of the New Seven Wonders of the World. It is said that it is a place of great spirituality and energy, not to mention one of the world’s masterpieces of engineering and architecture. You will undoubtedly feel and see all of this as you step into this most wondrous setting. The ruins of Machu Picchu, rediscovered in 1911 by Hiram Bingham, are well known to have been built and used by the Inca, who erected many hundreds of stone structures from the early 1400’s, but legends and myths indicate that Machu Picchu was revered as a sacred place from a far earlier time. Your guide will bring all the history and legends to life during your visit, which will undoubtedly be one of your greatest travel moments.



At the conclusion of today’s tour, your guide will return to your hotel to settle in and enjoy a wonderful dinner, which is included at the hotel this evening.

Meals: Brunch, Tea*, Dinner

Hotel: Inkaterra Machu Picchu Pueblo Hotel

Room Category: Jr. Suites

***High tea is included in the Sanctuary Lodge for you and can be taken either on either day of your visit.**

✧ DAY 6 — MACHU PICCHU ✧



Your day is at leisure to relax, unwind and enjoy your surroundings. You may return to Machu Picchu if you like (recommended at sunrise or sunset), make spa appointments, or book the included leisure activities of your beautiful hotel. www.inkaterra.com/activities

Entrance into Macchu Picchu and transportation to and from the site have been included for you on this day and you can go at any time during the day. Tickets for your entrance into the site and the bus will be given to you in advance. Dinner is included for you tonight at the hotel.

Meals: Breakfast, Dinner

Hotel: Machu Picchu Pueblo Hotel

✧ DAY 7 — MACHU PICCHU & CUSCO ✧

Sleep in and enjoy some final time for relaxing before your journey back to Cusco aboard the Hiram Bingham. Departing at 5:50 PM, you will need to be at the train station no later than 5:20 PM. The hotel will transport your baggage to the train and a Coltur representative will meet you at the hotel at a designated time and assist you to the train station.

Experience once again the splendors of this magnificent train and the passing scenery while enjoying a multi-course, gourmet dinner on your return journey to Cusco. You will arrive back at the Rio Sagrado train station at approximately 8:30 PM. You will be met on arrival and transferred back to your Cusco hotel.

Meals: Breakfast, Dinner

Hotel: Palacio Manco Capac

✧ DAY 8 — CUSCO & LIMA ✧

The day starts with some final sightseeing in Cusco. Begin at the Plaza de Armas, Cusco's main square, where you will visit the cathedral and admire its exquisite vestibules and priceless paintings from the Cusco School of the 17th and 18th centuries. Continue just a short distance to one of Cusco's most renowned sites, the fortress of Sacsayhuaman—a colossal structure of enormous stones, carved and fitted together with incredible precision.



Afterwards, depart for the Cusco airport and your return flight to Lima.

You will be met once again upon arrival in Lima and proceed to the Cala Restaurant for lunch.

This afternoon, spend some final time getting acquainted with Lima on a visit to the Barranco neighborhood. This “bohemian quarter” of the city is called home by countless artists, photographers, and authors, many of whom use the storefronts for their studios and boutiques. Walk along peculiar streets lined with Republican houses, admire the splendid views, and visit the Puente de los Suspiros (Bridge of Sighs), witness to untold numbers of past and present romances, and source of inspiration for one of Peru's great composers, Chabuca Granda.

Arrive back at the Westin Lima late this afternoon and have the evening at leisure.

Meals: Breakfast, Lunch

Overnight: Westin Lima



✧ DAY 9 – DEPART FOR HOME ✧

You will depart the hotel today for the Lima airport and your flight home. A Coltur representative will meet you at the hotel and assist you to the airport and with check-in formalities for your flight.

Meals: Breakfast

End of Journey

Inclusions & Exclusions

✧ INCLUSIONS ✧

INCLUDED with your trip, based on two persons, are:

- ❖ Planning, communication and operational expenses
- ❖ Accommodations at 5-star hotels, room categories noted in itinerary for 8 nights.
- ❖ Internal Air
- ❖ Breakfast daily and other meals as noted in itinerary
- ❖ Sightseeing provided by private deluxe A/C as noted in itinerary
- ❖ Private excursions throughout itinerary
- ❖ Experienced English-speaking private guides for daily sightseeing in Lima and Cusco (and surrounding areas)
- ❖ Entrance Fees to all sites, monuments and museums
- ❖ All transfers in private A/C vehicles as noted in itinerary
- ❖ Bottled water during transfers and tours
- ❖ Porterage at airports and hotel
- ❖ Transfer assistance in all cities
- ❖ Local taxes

✧ EXCLUSIONS ✧

- ❖ International flights
- ❖ Meals not noted
- ❖ Gratuities to the local drivers, guides, hotel staff (other than porters)
- ❖ Airport and departure taxes
- ❖ Travel Insurance
- ❖ Any item not noted as included